



Clarify your awareness & movement
with the traditions of
Feldenkrais & Tai Chi in the
warmth and beauty of
Italy



Width & Depth through embracing
inner & outer awareness

June 23rd – 30th 2012

La Rogaia

Tai Chi outside to begin and end the day
2 Awareness Through Movement™ group lessons each morning

Free time during the afternoon

1 private Functional Integration™ lesson during the week

1 free day to discover Assisi

Instructors: Alan Freebury & Anne Münstermann

Accommodation with half board: Agriturismo Villa La Rogaia

Total cost in a double room: 790.- Euro

Registration and information about Villa La Rogaia
www.rogaia.com

Information about the programm
www.feldenkrais-atelier.com

