



# Feldenkrais

&

# Tai Chi

# Samos

# Greece

June 10<sup>th</sup> – 17<sup>th</sup> 2013

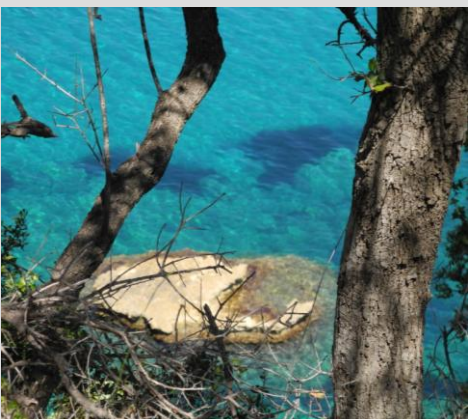


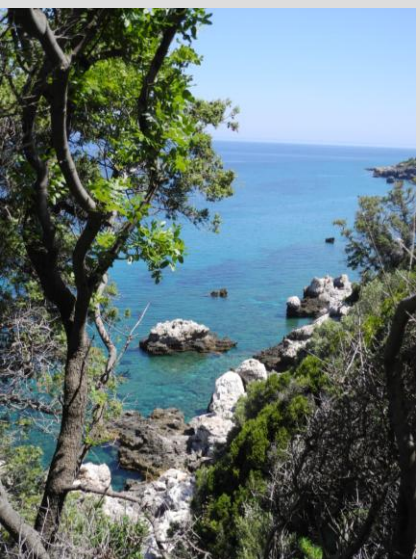
### Program

- \* Tai Chi to begin & end the day
- \* 2 Awareness Through Movement® (ATM) group lessons in the morning
- Free time during the afternoon, 1 day off
- \* 1 Functional Integration® (FI) lesson during the week

### Teaching:

Alan Freebury: Tai Chi & FI  
 Anne Münstermann: ATM & FI  
 Language: English & German, translation if needed.





Costs		Euro
<b>7 nights with breakfast &amp; dinner</b>		
Single with private facilities		455.-
Single with shared facilities		399.-
Double with private facilities		315.-
Double with shared facilities		294.-
Triple with private facilities		294.-
Triple with shared facilities		273.-
'shared facilities' means an apartment with 2 separate rooms but with common bathroom & kitchen		
Course fee 	<b>option A: Tai Chi &amp; ATM &amp; FI</b>	325.-
	option B: Tai Chi or ATM & FI	250.-
	option C: Tai Chi or ATM	200.-
	option D: FI	80.-
<b>Registration</b>		open up to April 10 <sup>th</sup> 2013
<b>Payment</b>		
Course fee:	20 % with registration, the rest is due to May 10 <sup>th</sup>	
Housing:	Payment directly at Villa Eva	
Villa Eva Samos Center Hellas • <a href="http://www.villaeva-samos.gr">www.villaeva-samos.gr</a>		
Travel costs are extra.		



### Registration & Information:

Feldenkrais - Atelier Anne Münstermann

Postberg 15 • CH 8222 Beringen

Tel: 0041 52 682 1483

[www.feldenkrais-atelier.com](http://www.feldenkrais-atelier.com)

or Alan Freebury: [a.freebury@gmail.com](mailto:a.freebury@gmail.com)

